### Welcome Family & Consumer Sciences, Early Learning, Montessori Educators and Leaders!

## The Happiness Project on Social-Emotional Learning:

Feelings, Food, Family, and Friends

Presented by the Maria Montessori Language and Cultural Center in cooperation with: 21 Acres Farm/Market/Education Center, David Hartman, Puget Sound AEYC, and Seattle Public Schools

# Our Presenters: David Hartman, Counselor Educator and Researcher at Seattle Pacific University



**Matt Keen**, Nutrition & Local Food Educator and Registered Dietician at 21 Acres



#### **Location:**

21 ACRES 13701 NE 171st St. Woodinville, WA 98072

**Cost:** \$50 (before April 2) \$60 (between 4/2 - 4/15)

### **Date & Time:**

Saturday, May 2<sup>nd</sup>, 2015 9:30am-1:30pm

- Come learn about the research of SPU Professor Chris Sink and David Hartman in the field of Social-Emotional Learning.
- Explore ways that our relationships with children and one another can increase health and happiness in our school environments and communities.
- Consider how food, mood, and nutrition affect academic performance.

Networking opportunities, organic lunch, and refreshments provided.

\* 4 STARS credits or 4 Clock-hours available \*

Send completed registration and check payable to: <a href="MMLCC">MMLCC</a>
<a href="MMLCC">MMLC

\* Space is limited so please send attached registration and payment postmarked NO LATER than <u>WEDS. April 15, 2015</u> \* PLEASE NOTE: This event is for adults only; childcare is not provided. Registration fee is NON-refundable.

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Last Name
State Zip
4 MERIT (STARS) Credit Documentation
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